

NATURAL PEDIATRICS

By assessing the physical growth, mental/emotional development and overall health of your child, a naturopathic doctor (ND) can help you understand and support your child's different stages of growth. Ask an ND about the pediatric health care options available to your child.

FEVERS

Common childhood fevers are an early alert that your child may be unwell. An indicator of illness, a fever is the immune system's way of gearing up to fight infection. In fact, childhood fevers play an important role in building a healthy immune system that will continue to protect your child's health as they grow. However, it is important to monitor fevers and recognize when medical attention is required. A naturopathic doctor can help boost your child's immunity and manage a fever with botanical medicines, homeopathy, hydrotherapy and Asian medicine.

SKIN RASHES

Skin rashes can be caused by allergic reactions, insect bites, environmental toxins, food intolerance, metabolic imbalance or sensitivity to certain drugs or chemicals. By pinpointing the root cause of the rash, your ND can relieve your child's discomfort without the use of unnecessary prescription medications.

EAR INFECTIONS

Ear infection is the number one complaint presented to pediatricians. Children prone to ear infections often get caught in a vicious cycle of antibiotic use; ironically, the medications often contribute to immune system suppression, leaving the child even more susceptible to recurrent infections. After identifying the root cause, which may include nutritional deficiencies, food sensitivities or allergies, your ND can recommend treatment options to prevent recurrences.

ASTHMA & ALLERGIES

As a result of environmental pollution, over-prescription of medications, highly processed foods, and toxic chemicals in homes and schools, more children than ever before are plagued by asthma and allergies. Toxins and pollution can weaken your child's immune system, and trigger hypersensitive reactions to otherwise benign substances such as pollen. Your ND will identify the cause of your child's asthma and allergies, and will recommend treatment protocols that can help decrease the severity, length and recurrence of the attacks.

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