

NATUROPATHIC SPORTS MEDICINE

CCNM'S SPORTS MEDICINE GROUP

CCNM's sports medicine group provides free assessments and care to participants at sports events across the Greater Toronto Area. Using a variety of naturopathic approaches, the sports medicine group treats sprains, strains, sore muscles, joint pain, stiffness and fatigue.

Naturopathic doctors heal sports injuries and improve performance

We Treat:

- Sprains and Strains
- Inflammation
- Bruises
- Fatigue
- Joint Pain
- Muscle Soreness

We Improve:

- Endurance
- Recovery
- Performance
- Energy

We Use:

- Acupuncture
- Physical Therapy
- Orthopedic Assessments
- Homeopathy