



## East Coast Naturopathic Clinic Residency

### **POSITION SUMMARY**

The role is a 2-year residency in Bedford, Nova Scotia, under the supervision of Bryan Rade ND, in a busy clinic that houses several NDs and 1-2 naturopathic residents. Patients with a spectrum of concerns come to the clinic, with a focus on borreliosis/coinfections, complex chronic illness, integrative cancer care, MCAS/histamine intolerance, chronic pain, autism spectrum disorder, PANDAS/PANS, mold illness and neurological disorders.

### **KEY DUTIES**

Key duties of the ECNC Resident will include:

- Resident-Patient Interactions (20 – 30 hours per week)
  - Resident seeing his/her own patients
  - Performing therapies for Dr. Rade's patients (e.g. acupuncture, IV therapy, thermography scans, injection therapies, etc.)
  - Shadowing Dr. Rade during his patient visits
- Research Activities (5 hours per week)
  - Literature searches on new therapies, looking up treatment mechanisms of action/interactions as needed, compiling data, conducting in-office research initiatives on patients
  - Opportunity for the Resident to explore areas s/he is interested in, with subsequent presentation to Dr. Rade and other clinicians
- Practice Management:
  - Dr. Rade will discuss practice management with the Resident during some of their weekly meetings. Topics will include attracting new patients, maintaining patients, financial considerations, dispensary management, etc.
  - The Resident will be asked to conduct public lectures (in-office and out of office) and write articles for local publications and the clinic website
- Continuing Education
- Mentorship (4 – 7 hours per week)
  - Dr. Rade and the Resident will have dedicated time to discuss diagnostic and treatment approaches, with the goal of refining the Resident's clinical abilities.
  - Dr. Rade will review a wide range of clinical topics and therapies in which he is trained, including:
    - DAN doctor approach to autism spectrum disorder
    - Mitochondrial dysfunction
    - Methylation pathway assessment and treatment
    - Injection therapies (Neural Therapy, Perineural Injection Therapy, Prolotherapy, Platelet-Rich Plasma, Ozone Therapy)
    - Chelation Therapy
    - Small Intestine Bacterial Overgrowth (SIBO) testing and treatment
    - Endobiogenic Medicine
    - Biological Medicine
    - Darkfield Microscopy
    - Contact Regulation Thermography
    - Family Constellation Therapy
    - Musculoskeletal Ultrasound (assessment and image-guided injections)
    - Pulsed Electromagnetic Field Therapy
    - Pain Neutralization Technique
    - Isopathic Therapy

- Low Dose Allergen Therapy/Low Dose Immunotherapy
- Quantum Neurology
- Mistletoe therapy

## **QUALIFICATIONS**

- The Resident must be a graduate of a CNME approved college, have written the NPLEX clinical sciences examinations and comply with all requirements to become a member of the Nova Scotia Association of Naturopathic Doctors
- The Resident should possess a high level of diagnostic, therapeutic, and communication skills and be motivated to work in a busy clinic environment
- The Resident must display very strong organizational skills
- The Resident must be certified to perform IV therapy, along with all necessary requirements to practice IV therapy in Nova Scotia
- The Resident must be certified to perform acupuncture

## **SCOPE OF PRACTICE**

As naturopathic medicine is not yet regulated in Nova Scotia, the scope of practice is determined by the regulatory College with which a ND holds full registration/licensure. With appropriate licensure, Nova Scotia NDs are permitted to practice naturopathic medicine using naturopathic therapies.

- Acupuncture and Asian medicine
- Botanical medicine
- Clinical nutrition
- Homeopathy
- Hydrotherapy
- IV therapy
- Naturopathic manipulation and physical medicine
- Prevention and lifestyle counseling
- Injection therapies
- Chelation therapy

## **COMPENSATION & BENEFITS**

- First year of residency: \$3,350 - \$6,350/month
- Second year of residency: \$4,500 - \$7,500/month
- Complementary registration for Dr. Rade's ozone therapy certification course, Naturopathic Injection Therapies certification course, Low Dose Immunotherapy training course, Small Intestine Bacterial Overgrowth training course and Comprehensive Management of Mitochondrial Dysfunction training course
- Two weeks vacation
- Successful completion of the 2-year Residency Program requirements is acknowledged with the award of a Certificate of Completion by CNME

## **CONTACT INFORMATION**

Bryan Rade ND  
 East Coast Naturopathic Clinic  
 30 Damascus Rd – Unit 101  
 Bedford NS B4A 0C1  
 (902) 252-3080  
[eastcoastnaturopathic@gmail.com](mailto:eastcoastnaturopathic@gmail.com)